



# Evening Workshop - via Zoom

Presented By: Kidz Conference Services

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## Trauma Sensitive Schools – Harnessing the Strengths in Students Under Stress

*Trauma-sensitive teaching and service delivery*

March 5, 2024 ♦ 4:30pm – 7:45 pm ♦ Live via Zoom

Presenter: Elizabeth DeFazio-Rodriguez, MS



**Audience:**  Teachers  Social Workers  Speech/Language Pathologists  LMHCs  Psychologists (Licensed & School)

**Age Range:**  Preschool  Elem  MS  HS

**Course Level/Learning Methods:** Intermediate; Lecture, Discussion

### How can understanding trauma improve learning for children?

Few are the students in the current classroom environment who have not or will not undergo stress and/or trauma in their life. What constitutes “trauma” may have a documented definition, vary from student to student.

In this session participants will have the opportunity to share their experiences in the classroom regarding teaching students who, for various reasons, have experienced trauma and who are undergoing stressful situations in their day-to-day life. Research on how stress affects the brain and the rates of stress and trauma impacting different demographic groups of children (e.g., cultural, ethnic) will be covered. The presenter will discuss the impact of various types of traumas and stress that students may experience with respect to family situations, intercultural transitions, learning a second language, disabilities, and how these impact learning in the classroom. Strategies to promote resilience and motive will be reviewed. In addition, the session will address how educators can monitor their own stress levels and understand how their perceptions impact their reactions to student behavior.

**Are you working with general education students? Students with disabilities? In related service settings? This session is appropriate for you!**

**Learner Objectives** - As a result of this activity, participant will be able to:

- discuss stress and the impact it has on student learning
- identify different types of trauma and what students’ needs are in relation to the impact of trauma on their learning
- explain how to incorporate strategies to help support academic achievement and motivation for students undergoing trauma and/or experiencing stress
- identify strategies and resources that students can utilized to assist in their management of stress

### Agenda

- What is stress and trauma? (35 min)
- Review of Research (35 min)
- Break (15 min)
- Impact in the classroom (40 min)
- Strategies to Promote a Trauma-Sensitive Environment (40 min)
- Self-care for Educators (30 min)

**Biographical Information:** Elizabeth DeFazio-Rodriguez, MS is a Certified School Psychologist (bilingual) and a Licensed Mental Health Counselor. She has worked in public school districts, Nassau BOCES and Eastern Suffolk BOCES. Most of her career has been spent supporting the needs of Spanish speaking families and their children with special needs. She has coordinated bilingual evaluations on Long Island and recruited and trained bilingual professionals, in addition to serving as an interpreter for evaluations of children in languages such as Portuguese, Italian, and Vietnamese. As the Coordinator of the Long Island Parent Center, funded by the NY State Department of Education, she held training and meetings to support parents of students with special needs. Prior to retirement she worked as the LI Bilingual Specialist for the Regional Special Education Technical Assistance Center, funded by NYSED, as well as a part time coordinator of training for LIU-Post University. **DISCLOSURE INFORMATION: Financial:** Ms. DeFazio-Rodriguez is receiving a speaker’s fees for presenting this session. **Non-financial:** There are no other non-financial disclosures.

**Register Online:** [www.familyofkidz.com](http://www.familyofkidz.com) \$75 non-Kidz staff \$65 Family of Kidz staff (with active cases through Family of Kidz).

**Info or Special Accommodations:** Tesa [conferences@familyofkidz.com](mailto:conferences@familyofkidz.com) Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date.

**Refund Policy:** All cancellations will be subject to the handling fee noted. Refund/Cancellation requests must be received by mail/e-mail at least 10 calendar days prior to the session date or the full amount will be charged. Full refunds will be given if the workshop is cancelled due to weather or other unforeseen circumstances. **Handling Fee:** \$15

**For Certificates of Attendance and CEUs - You must arrive on time, stay for the entire session, and submit a completed Evaluation Form.**

### CEUs / CPDs Available

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